

Walt Whitman Elementary

Conceptual Schoolyard Redevelopment Plan

December 2023

Acknowledgments

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Table of Contents

1	Introduction and School Story
2	Redevelopment Process Timeline and Components
3	Planned Curricular Connections Benefits of Green and Healthy Schoolyards
4	Maintenance and Stewardship
5	Fundraising Targets
6	Project Timeline and Next Steps Supporting Organizations
	Conceptual Plan Drawings:
	Existing Site Plan
	Proposed Site Plan
	Stormwater Green Infrastructure Plan
	Arts, Outdoor Education, and Community Engagement Plan

Land Acknowledgment

We acknowledge that Milwaukee lies on traditional Menominee, Potawatomi, and Ho-Chunk homeland along the southwest shores of Lake Michigan, part of North America's largest system of freshwater lakes. On this site, the Milwaukee, Menominee, and Kinnickinnic rivers meet, and the people of Wisconsin's Menominee, Ojibwe, Ho-Chunk, Oneida, and Mohican sovereign nations remain present to this day. Existing schoolyard at Walt Whitman School

Introduction

Impervious surfaces (hardscapes including asphalt and concrete) characterize so much of our built environment that we no longer even notice how they shape the contours of our urban communities. Excessive imperviousness leads to sewage overflows and basement backups, degrades the quality of our rivers and lake, and costs us millions each year in economic losses and infrastructure repair, all of which deter investment and impede socioeconomic progress. Schools surrounded by seas of splintering asphalt offer opportunities to replace imperviousness with beautiful, nature-inspired landscapes that increase urban biodiversity, educate, and inspire.

Through funding provided by the Milwaukee Metropolitan Sewerage District and the Fund for Lake Michigan, the nonprofit Reflo and its partners collaborate with five schools annually to develop conceptual schoolyard redevelopment plans that holistically address the issue of each school's imperviousness. This document compiles over a year of conceptual planning in order to provide a single, feasible vision for redeveloping a greener, healthier schoolyard. These projects also provide a multitude of STEAM (science, technology, engineering, arts, and mathematics) curricular connections as well as triple-bottom-line (social, environmental, and economic) benefits for the students, school, and community.



School Story

Walt Whitman School is a neighborhood school on Milwaukee's southwest side serving K4 through 8th grade students. At Whitman, we strongly believe in the importance of instilling positive values and character development in our students. We foster a respectful, inclusive, and compassionate school culture where kindness, empathy, and cooperation are expected. We recognize and encourage positive behavior and provide support and guidance to help students make responsible choices and grow into well-rounded individuals who positively contribute to their community.

We are committed to creating a safe and nurturing environment where every child feels valued, supported, and empowered to achieve their fullest potential. Our motto is: **Every Student, Every Staff Member, Every Day!** Our dedicated team of educators is passionate about providing engaging, challenging, and innovative instructional approaches that cater to the diverse needs of our students. We implement various strategies to promote critical thinking, problem-solving, and creativity through curriculum that provides students the opportunity to demonstrate knowledge, skills, and mindset to perform academically at or above their grade level in all disciplines. Our goal is to prepare them for success in post secondary education, future careers, and life-long learning.

We believe that with the commitment, support, and collaboration of families, educators, and community members, our students will be empowered and inspired to be lifelong learners and our next generation of leaders. The opportunity to provide our students with these green spaces will allow us to further prepare our students to be future stewards of their environment.





Walt Whitman **Elementary School**

4200 S 54th Street, Milwaukee, WI 53220

- Milwaukee Public School
- Grades: K4 through 8th
- 338 students
- 70% economically disadvantaged
- 25% special education
- 7% English learners
- Separated sewer area
- Menomonee River watershed



Conceptual Redevelopment Plans

On an annual basis, the nonprofit Reflo and its partners, with the support of the Milwaukee Metropolitan Sewerage District (MMSD), works through the Green Schools Consortium of Milwaukee (GSCM) to select and collaborate with schools that are interested in redeveloping their schoolyards. Planning efforts incorporate creative applications of stormwater green infrastructure, outdoor educational elements, and other features that improve the social, environmental, and economic health of the school and community. With the approval of school and district administrators, schools apply for and are selected to receive conceptual planning support. The over year-long collaborative planning process has resulted in the production of this conceptual planning document, which is intended to guide the multi-year redevelopment.

Walt Whitman's conceptual plan includes many stakeholder perspectives including those of students, parents, teachers, administrators, maintenance staff, neighborhood residents, and project partners. The plans are intended to be feasible and to support the school's and project stakeholders' needs and interests. Significant care was taken to consolidate project ideas and coalesce around one unified project vision. As the project progresses through the fundraising and detailed design phases, project components will be further defined and best fit to the amount of funds raised.

Walt Whitman School's Vision:

At Whitman School, we envision a rigorous, standards-based curriculum where all students will demonstrate the knowledge, skills, and mindset to perform academically at or above their grade level in all disciplines. Every day, every student will engage in learning that will prepare them for success in post-secondary education, future careers, and life-long learning.

Network of Support

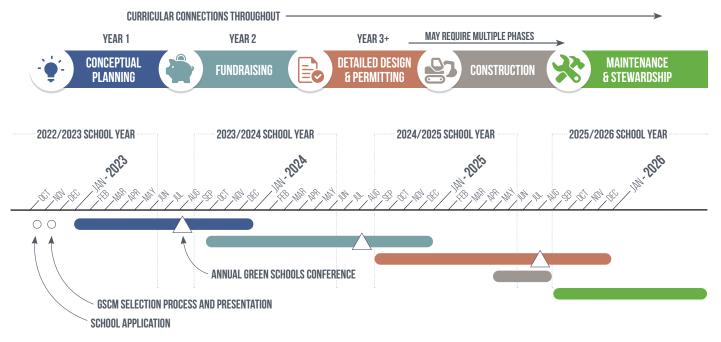
The GSCM is a local network of practitioners, agencies, and funders that are committed to supporting greener, healthier schools and ecoliteracy in the Milwaukee area. The GSCM gathers on a bimonthly and annual basis to share resources and lessons learned. The 7th Annual Green & Healthy Schools Conference hosted more nearly 600 participants and over 80 exhibitors. Each year the GSCM also hears from schools that are interested in schoolyard redevelopment projects and collectively decides which projects to support, in part, based on need and enthusiasm.





Project Development Process and Timeline

The following process diagram and timeline visualizes the major project development phases that a typical schoolyard redevelopment project in the Milwaukee area undertakes when supported by Reflo and the Green Schools Consortium of Milwaukee. The process begins in October with schools applying to receive a conceptual planning grant provided by Reflo and the Milwaukee Metropolitan Sewerage District. Schools that advance to the second stage are then asked to present to the GSCM's Project Selection Committee on their need and enthusiasm. Following the selection, five schools are awarded the planning grant and begin the conceptual planning process with monthly Green Team meetings starting in January the following year.





Stormwater Green Infrastructure

Green infrastructure is a strategy that diverts stormwater runoff from entering the sewer system and **manages stormwater where it falls** through a more sustainable means, mimicking natural water systems. Green infrastructure can also provide creative opportunities to incorporate STEAM (science, technology, engineering, arts, and math) concepts in student learning and promote community engagement. The school grounds currently contribute a significant amount of stormwater runoff that can lead to area flooding and impaired water quality for our rivers and lake. The conceptual redevelopment plan includes multiple green infrastructure strategies to manage as much stormwater as feasible on the school grounds. Walt Whitman School's conceptual plan calls for removal of approximately **63,000 sq. ft.** of asphalt and replacing it with new green space and mixed-use recreation and educational areas. The design includes multiple outdoor learning areas, bioswales, and the addition of 60 stormwater trees. The inclusion of a variety of native plantings allow for unique spaces on the schoolyard that can represent natural Wisconsin ecosystems, complete with student-created signage. The vision also includes a porous, synthetic turf soccer field to further manage rainwater where it falls. The plan manages approximately **427,800 gallons** of stormwater per rain event.

I am excited for the potential of more time spent outdoors and providing new play spaces for students to use during recess. Having new play features will help children understand game rules and build their confidence while also helping them learn about the natural environment.



Marisela Obregon – Parent



Asphalt Removal

Hard surfaces like asphalt and concrete are the primary sources of stormwater runoff. Replacing hardscapes with more porous landcovers and other types of green infrastructure helps infiltrate stormwater into the ground and prevent it from running off into the sewer system. These changes promote better stormwater management, reduce the heat island effect, improve social-emotional outlook, improve urban habitats, and increase biodiversity.



Bioswales

Bioswales typically capture polluted stormwater runoff from roads and parking lots, infiltrating that water into the ground and cleaning it naturally. They are planted with vegetation that helps to soak up and clean the polluted runoff. They can be installed as meandering or straight channels depending on the land that's available, and are designed to maximize the time rainwater spends in the swale.



Porous Groundcover

Built surfaces that allow for stormwater to pass through them and infiltrate into the soil below, come in many varieties including synthetic turf, pavers, concrete, rubber, or asphalt. These surfaces allow for play or other uses while also supporting stormwater management that may otherwise be difficult to accomplish in areas that are heavily used.



Native Plantings

Vegetation native to Wisconsin has adapted to the region's climate and soils. Native plants typically have deeper root systems that help them withstand both droughts and heavy rains and also allow for greater stormwater infiltration. These native plant sensory gardens also promote biodiversity and provide habitat for pollinator species.



Detto Cutdoor Education and Healthy Food Access

As illustrated in the infographics produced by Children & Nature Network and Cream City Conservation Corps (found in the Planned Curricular Connections section of this document), access to outdoor classrooms on school grounds can significantly **enhance learning** outcomes and social-emotional well-being. Raised bed gardens also offer the opportunity to provide low-cost, **healthy food** options to students, their families, and the surrounding communities. Successful Green Teams use school gardens as **educational opportunities** to explore topics such as water and life cycles, ecosystems, economics, geometry, conservation, and social studies.

Walt Whitman's schoolyard redevelopment includes **multiple outdoor learning spaces** with one covered outdoor classroom pavilion complete with seating and materials to support outdoor learning. Native Wisconsin planting areas and raised bed gardens will provide **pollinator habitat** and support garden-based lessons and other curricular connections. Nearby green infrastructure including stormwater trees, and bioswales also serve as unique learning spaces. **Interpretative signage** throughout the schoolyard will support studentcurated tours and encourage learning through selfguided exploration.

Green schoolyards promote academic achievement through hands-on, experiential learning and by enhancing the cognitive and emotional processes important for learning.

I am excited for this change because I know how much children love to be outdoors. The fresh air helps them to calm down and reset while also sparking their imaginations and providing safe, fun places to play. I think the greener spaces will help our school standout more in the community and bring positive attention to Walt Whitman.



Yesenia Valadez – Parent



School Gardens

School gardens range in scale from the typical 4-by-8foot raised bed garden, to hoop houses, to larger-scale greenhouses. Milwaukee-area schools have successful demonstrations of each scale of school garden and are best sized based on the interest level and capacity of the school's Green Team to manage the gardening operations.



Healthy Food Access

Some communities do not have easy access to low-cost, healthy foods. On top of providing engaging outdoor learning opportunities, school gardens are excellent opportunities to provide fresh, locally grown produce. Culinary arts lesson plans and tasting programs can demonstrate how healthy food can also be tasty food.



Culturally Relevant Curricular Connections

Developing lesson plans that are culturally relevant to students can help to create a sense of inclusiveness and promote positive learning outcomes for all students. For example, school gardens can include a diversity of crops that support exploration of different cultures and can demonstrate that food production is an important component of all cultures.



Outdoor Classrooms and Interpretative Signage

Outdoor classrooms can include natural green space and/ or built shade structures. Seating and shade elements are common design features to accommodate longer class periods outdoors. Interpretative signage can serve to engage local artists and support learning not only by students, but also by the surrounding community.



Arts and Community Engagement

The arts can be a simple yet profound way to address **educational equity** in our communities. Through the use of arts-enhanced and arts-integrated classroom methodologies, teachers can implement strategies that support curricular connections, maximize student engagement, and further academic success. Green and healthy themes can be explored through visual and performing art forms as students build their knowledge, investigate human impacts on the environment, analyze perceptions, and enhance personal connections to the natural world. Green and healthy schools provide a unique opportunity to support the development of **social-emotional learning** (SEL) through the integration of the arts and environmental education. Arts @ Large and Milwaukee Public Schools are committed to designing programs that promote SEL while creating supportive learning environments that address the needs of the whole child. School staff receive training about the impacts of trauma, explore ways to meaningfully **engage families**, and support youth through experiential learning to better position them for potential future careers.

Natural areas promote child-directed free play that is imaginative, constructive, sensory rich and cooperative.

Connecting with nature offers so many benefits like stress reduction, fresh air, and more movement opportunities. Students need to spend more time outside during school to experience these benefits, as some of our students rarely get this opportunity at home. These greener spaces will provide new learning activities and help to foster a love of outdoors for all.



Carla Van Lieshout – Art Teacher



Social-Emotional Learning

The arts can be an incredible vehicle to model best practices in Social-Emotional Learning (SEL). SEL is the process of developing fundamental skills for life success within supportive, participatory learning environments. These skills include recognizing, managing emotions, setting/achieving goals, feeling/demonstrating empathy for others, establishing/maintaining positive relationships, and making responsible decisions.



Visual Arts

The use of visual arts strategies in the classroom can lead to greater engagement and deeper learning by the student. When paired with a project such as a schoolyard redevelopment, the works of art created by the students will not only beautify the space, but also provide a sense of ownership and accomplishment to celebrate with the students and their families. With the visual arts, the invisible becomes visible!



Performing Arts

The performing arts can be an incredible tool to activate spaces within the school environment. Theatrical performances and activities are a great way to explore a space and learn how to create meaningful interactions between students and nature, develop empathy for other forms of life, and learn to embrace sustainability as a community practice.



Exhibition

Creating student-led exhibitions is a great way to build an understanding of how nature sustains life. Through research and design, students can learn from content experts and share their experiences and knowledge through docent-led exhibits.



B Recreation and Other Site Improvements

Naturalized spaces provide opportunity for cooperative play and help children **develop resilience** skills as they navigate novel environments and encounter new challenges. Well-supported and engaging recreational opportunities can also help increase attention spans, improve social-emotional learning, and encourage team building. Creative applications of **visual arts** on walls and ground coverings can help guide students in independent and group physical fitness activities. These recreational improvements can enhance critical thinking and problem-solving skills, reduce instances of childhood obesity, and promote other **positive health outcomes**. Walt Whitman's conceptual plan includes a **synthetic turf soccer field**, gaga ball pits, nature play areas, and colorful asphalt markings. The plan calls for **balance logs** and stumps to support gross motor development and the addition of musical instruments to provide a variety of play experiences. To increase accessibility to the schoolyard, **artistically designed** benches are intended to help beautify the space and provide areas for rest. Significant thought was put into the flow of how students move through the various spaces with special consideration for activities such as soccer, tag, and pavement marking activities like four square and hopscotch.

Meaningful, positive experiences in nature guide children, youth and adults toward care for nature.

Right now our playground has lots of cracks on the ground where I could trip, fall, badly scrape my knee, and possibly break a limb. I am excited for the ground to be fixed so kids don't get hurt as often and have new places to play outside.



Branje Fernandez – 7th Grade Student



Nature Play

The incorporation of balance beams, loose parts, boulders, play mounds, and other nature-inspired features encourages imaginative, cooperative free play as students work together to explore their environment. These naturalized play features support the physical, social-emotional, and motor skill development of youth while promoting creativity and critical thinking.

Outdoor Recreation

Green schoolyards support a wide range of recreation activities that provide additional opportunities for student choice compared to traditional schoolyards. Youth may participate in quiet, solitary explorations or opt for organized group play. Varied recreation components allow children to build cooperation and negotiation skills and strengthen the connection between play and learning.



Game Play

Organized game play can provide students with the structure and support needed to approach challenges with confidence and build negotiation skills. Popular playground games like hopscotch and four square are often maintained while new games are also introduced through structured play activities. Youth are encouraged to experience the green schoolyard through free play and create new games led by their curiosity and imagination.



Mindfulness

Mindfulness practices encourage us to be present, attentive, and accepting. They provide an opportunity to learn how to be peaceful and kind while also reducing anxiety and promoting happiness. Areas designed for quiet play, sensory exploration, and reflection help students build self-awareness and emotional regulation by connecting with the natural world.





WILLIC INSTRUCTION





Planned Curricular Connections

It is important that the schoolyard redevelopment include plans for actively using the redeveloped space. This section provides a high level overview of how the school plans to make the most out of the new schoolyard components and connect the exciting redevelopment to the curriculum.

The envisioned outdoor spaces will help build strong classroom communities, with dedicated areas for play and exploration, while supporting a variety of curricular lessons for our students. Children will be able to experience hands-on learning in natural areas while drawing meaningful connections to our neighborhood community. The green spaces will provide a variety of structured and free-form learning activities including creative play and multi-sensory experiences in a vibrant, natural classroom. Outdoor play and learning experiences will support their growth and development and drawing meaningful connections to promote a positive mental well-being with Social-Emotional Learning (SEL) connections.

Children will be able to apply academic skills and improve comprehension in a learning environment that extends beyond the traditional classroom and builds positive relationships with nature. These experiences promote a spirit of inclusion that further supports our school's core values of building positive, respectful, and authentic relationships, providing proactive experiential learning opportunities, and emphasizing a growth mindset.

Our staff and students are anxiously waiting to be able to have classes outside and engage in more meaningful learning opportunities with nature. More green space around the school helps to create a more vibrant environment and sense of appreciation for nature for the students, staff, and community. This will provide opportunities for our students that they may never otherwise have.



Literacy and Language

The redeveloped schoolyard offers many opportunities to enhance our students' literature and language skills. Students will be encouraged to observe and make direct connections with real-life examples of new concepts within their environment as they learn new **vocabulary** and build confidence in **speech and language** skills. Interpretive signs will help communicate scientific concepts to promote an inclusive school community.

Early childhood students (K4–K5) will be encouraged to explore **realistic fiction** and practice scientific storytelling using animal footprints and evidence of species interactions on the schoolyard as inspiration. They will develop their writing skills through **alphabet and writing games** in the outdoor classroom, and expand their vocabulary as they explore and **observe** new features of the schoolyard.



Lower elementary students (1st–3rd) will use nature as their inspiration for **creative writing** pieces focused on the plants, insects, and varied textures they observe on the schoolyard. Children may use sticks and other **natural objects** to build words and further develop their **descriptive language** skills as they engage all five senses to explore nature. Students will return to the classroom with rich experiences that will inform their writing and awaken their imaginations as they engage with different texts.



Upper elementary students (4th–5th) will use the outdoor spaces for **independent reading** to develop a deeper understanding of complex vocabulary and continue to build their background knowledge that is important for **reading comprehension** in the calming green spaces. Students may use nature to inspire their creative and **persuasive writing** about the benefits of urban biodiversity, outdoor learning, and environmental stewardship.

Middle school students (6th–8th) will use the green spaces as alternative environments for journaling and to develop content during their **nature writing** units. The students will benefit from having comfortable outdoor areas for **group work** and planning presentations. Fresh air will help provide focus and a relaxing environment to support the students' creative writing and **journaling**.





Social Studies

In social studies, students explore themes of family, home, neighborhood, and community. Our school supports and celebrates its students through **community-building** activities that encourage children to consider their relationship between the environment and living things. Through these experiences, we aim to encourage a sense of pride and **stewardship** for the Earth.

Social studies introduces **early childhood** students (K4–K5) to the concept of community. Beginning in Kindergarten, students learn to embrace their **unique identities** while also celebrating their friends' differences. This understanding sets the foundation for their exploration of the value of **different cultures**, and the impact of individuals and institutions on the world around them. Students will learn about **gardening** and the flowers that naturally grow in Wisconsin and the role community helpers play in keeping people, animals, and our environment safe and healthy.

Students in **lower elementary** (1st–3rd) will extend their geography learning by studying important landmarks in their communities and drawing **connections** to new features on the schoolyard. Children may study the helpful **benefits of plants** and investigate themes of environmental justice, and **community engagement**. In the **upper elementary** (4th–5th) grades, social studies instruction expands from students' local community to their city and state, the nation, and the world. As the curriculum shifts to focus on **Wisconsin and Milwaukee's history** and major waterways, children will investigate our state's **indigenous plants** and trees growing on the schoolyard as part of their First Nations units of study.

Middle school students (6th–8th) will practice their **map skills** by analyzing plans for the schoolyard redevelopment project and comparing them to the built project. They will learn to form and **defend arguments** about different policies and histories from all around the world and further explore how humans impact the environment. These concepts will support discussions of how individuals can work together to create **positive changes** in their communities.



STEM Connections

The green schoolyard offers many STEM (science, technology, engineering, math) curricular connections. Children will discover living examples of **geometry**, **symmetry**, **and patterns** that support math curriculum across grade levels.

Students of all ages will explore green infrastructure and the **water cycle** using the schoolyard as their classroom. Cisterns, bioswales, rain gardens, and runoff will soon be common knowledge to Walt Whitman's students as they learn how their playground area affects their neighborhood, city, and Lake Michigan. These vibrant, living classrooms will provide a variety of enrichment activities to support hands-on learning that activate the **curiosity and engagement** of our students.



Our **early childhood** students (K4–K5) will investigate science concepts through play and curiosity. Our youngest scholars will search for evidence of **biodiversity** such as animal tracks, pollinator species, and a variety of colors found in nature, extending their learning of **seasonal changes** with nearby nature on the schoolyard. Children will measure the distances objects travel while investigating push and pull forces and make drawings from observation as they study and tend the **raised bed gardens**.

Lower elementary students (1st–3rd) will use the green spaces while studying botany. Children will collect plant samples to study their **form and function** and observe a variety of species as they grow and see firsthand how they help **manage stormwater** on the schoolyard. These planting areas will also provide a living laboratory to investigate the **life cycles** of insects, plants, and animals.



Children in **upper elementary** (4th–5th) will dive into life science concepts of ecology, food webs, and species relationships. The new outdoor gardens will support the study of **ecosystems** and habitats allowing children to compare and contrast growing cycles and the needs of different plants and varying environments. Students will explore **engineering and design** and may build and test their own structures inspired by the natural world.

Middle school students (6th–8th) will have ample opportunity to perform **outdoor experiments** in all science areas from earth and physical sciences to biology and life sciences. Children may conduct hands-on research, **collect real-world data** from rain gauges in the bioswales, conduct biodiversity counts of urban flora and fauna, and have a natural classroom to track **weather patterns** and investigate soil composition. In addition, students may explore other math concepts such as graphing, **comparing and contrasting** measurements on different scales, and using shadows to determine the height of trees.



Art Connections

The arts will come to life with the redeveloped schoolyard. Children will be encouraged to exercise their visual art skills through observational drawings and learn the different **components of art** including texture, line, space, and color. Students will be able to use the natural outdoor spaces to experience and better express their **visual and auditory senses** through art media.

Emphasizing experiential learning, the revitalized schoolyard encourages movement and exploration of nature for inspiration in various artistic endeavors, from creative writing to poetry. Our youngest students may expand their **creative expression** throughout the schoolyard with chalk drawings and the creation of colorful murals with paint. They may collect leaves to create **leaf rubbings** and other natural artifacts to design naturescapes.



Additionally, the green areas will host **outdoor arts** experiences, fostering positive community connections. With lawns and seating areas, it will be possible to move **performing arts** activities such as band concerts and plays outside.



Walt Whitman's commitment to a **culturally responsive** environment is exemplified by the accessible public space created through the redevelopment. The expansion of creative outlets beyond the school building not only benefits students and their families but also nurtures **empathy** and understanding of the wider world. Expanding a student's art and cultural experience is essential to making youth more compassionate to the wider world and will make Whitman's public spaces **inclusive** and accessible for all to enjoy.





Community Engagement

Walt Whitman School works to provide family and community engagement opportunities in a **safe and supportive climate**. Parents participate in the school's Parent Engagement Council, regularly volunteer in the classroom, and are engaged in their children's learning.



Our staff encourages respecting, taking care of their school environment, and learning more about nature. We look forward to connecting family and community members to help support the **maintenance and stewardship** of the new green spaces and the ability to host fun, schoolwide events in a welcoming outdoor environment.



Collaboration with our **community partners** will enhance the opportunities to use the green spaces for events, classes, programming, and other activities. After school clubs provide the opportunity to extend learning and engagement in the new green spaces outside of the regular school day. These experiences will provide rich connections with the neighborhood and will bring additional opportunities for engagement, **relationship-building**, and a strong sense of support in our community.

We envision our families experiencing the space during **school events** and volunteering to help with maintenance and stewardship activities, where everyone can enjoy a calming, natural environment.



This project will enhance the Whitman community and the lives of our students by providing a sense of belonging, providing productive activity choices at recess, and hopefully leading to improved student behavior and engagement.





Health & Physical Wellness

This schoolyard redevelopment project will provide all Whitman students with increased opportunities for safe, healthy, and **inclusive play** everyday. Grassy imaginative play spaces, a variety of equipment options, multiple clearly marked **game zones**, and so much more will allow kids to more widely experience the many benefits of play.

Students will acquire much-needed motor skills in the green space which will allow them to run, skip, jump, dance, and play with **fewer injuries** than they experienced before the redevelopment. Children will learn to take turns, build patience, and follow rules as they practice **healthy risk-taking** and gain confidence through play and physical education classes on the revitalized schoolyard.



Students will learn game rules and procedures, practice **turn-taking**, and participate in cooperative play in the gaga ball pit, basketball court, and soccer field. These revitalized facilities will support our school's multiple Milwaukee Recreation **sports teams** including soccer, basketball, volleyball, football, cheerleading and softball with dedicated spaces to practice and develop skills. A traffic garden will teach our learners **bike and pedestrian safety**, supporting physical education standards and building vital life skills.



Students will participate in **creative and imaginative play** as they practice their balance when playing on the **agility pathways**, logs, and stumps placed throughout the schoolyard. Teachers from all grade levels will lead **team-building** activities outdoors and use the variety of seating and natural spaces for learning.

The **gardens** will continue to impact students and the community's lives by promoting healthy eating. The addition of bike racks will assist with the promotion of a healthy, active lifestyle.



Our Playworks team will be able to expand our social-emotional learning practices given these new varied spaces. We can't wait to see kids jump into the new 4 square courts, score a goal on the turf soccer field, and create their own games across the many shady, educational areas. Whitman's new play space will ensure that every kid is excited to go to school, connected with their community, and ready to learn.



Jena Barjenbruch – Playworks Wisconsin Program Manager

Social-Emotional Well-Being

The holistic schoolyard redevelopment supports our vision that all students will grow and learn within a safe, respectful, and responsible environment. Playing outdoors in a safe space promotes **self-confidence** and self-worth.

All children will benefit from taking brain breaks and nature walks outdoors, enhancing their communication and **sportsmanship** skills while participating in classes, playing at recess, and enjoying the schoolyard after school hours.

Our students practice self-regulation and mindfulness activities every day. Fresh air, green space, and native planting areas will support creative **mindfulness activities**, encouraging students to connect to their environment through **sensory experiences** enriched with bright colors, scents, and textures. The sensory gardens will provide a space where students can **reflect**, develop independent skills related to managing their feelings, and reset. Having gardens will promote a **sense of peace** and calm while helping us raise healthy individuals and support our students' social-emotional learning and well-being.



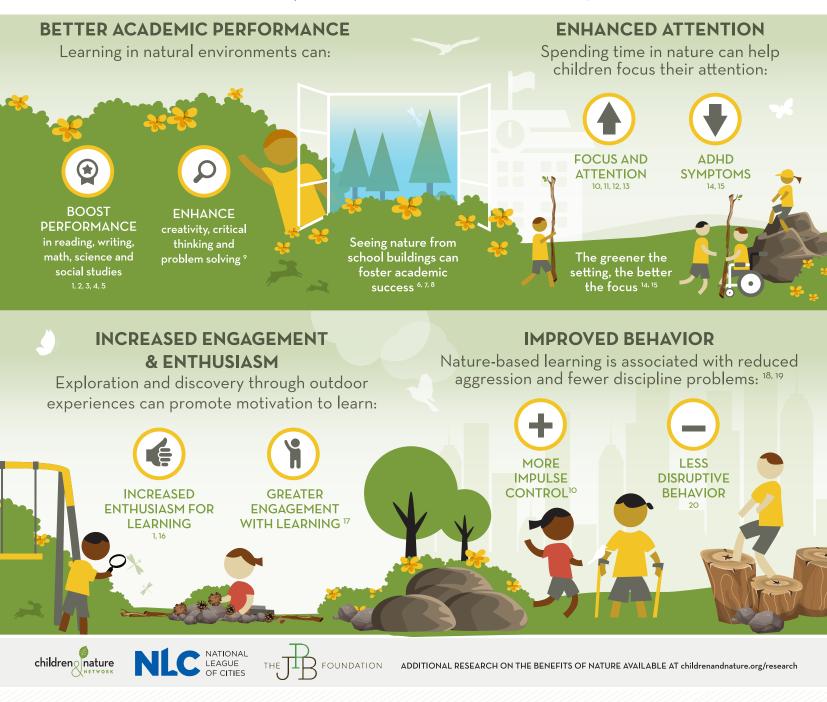
Children in middle school will benefit from having dedicated gathering spaces that can be used for **socializing**, conflict resolution, and developing friendships. Students in all grades will benefit from **movement breaks** outdoors, practicing **yoga** on an open grass field, and enhancing their communication skills through **turn-taking**, use of communication boards, participating in restorative circles, and spending time in nature.



Benefits of Green and Healthy Schoolyards

Nature Can Improve Academic Outcomes

Spending time in nature enhances educational outcomes by improving children's academic performance, focus, behavior, and love of learning.



SUPPORTING RESEARCH

¹Lieberman & Hoody (1998). Closing the achievement gap: Using the environment as an integrating context for learning. Results of a Nationwide Study. *San Diego: SEER.*² Chawla (2015). Benefits of nature contact for children. *J Plan Lit*, 30(4), 433-452.³ Berezowitz et al. (2015). School gardens enhance academic performance and dietary outcomes in children. *J School Health*, 85(8), 508-518.⁴ Williams & Dixon (2012). Impact of garden-based learning on academic outcomes in schools: Synthesis of research between 1990 and 2010. *Rev Educ Res*, 83(2), 211-235.³ Wells et al. (2015). The effects of school gardens on children's science knowledge: A randomized controlled trial of low-income elementary schools. *Int J Sci Edu*, 37(7), 2858-2786.⁴ ¹ U & Sullivan (2016). Impact of views to school landscapes on recovery from stress and mental fatigue. *Landscape Urban Plan*, 148, 149-58.⁷ Wu et al. (2012) Linking student performance in Massachusetts elementary schools with the "greenness" of school surroundings using remote sensing. *PLoS ONE* 9(10): e108548.⁶ Matsuoka, R. H. 2010. Student performance and self-discipline: Evidence from inner-city children. *J Environ Psy*, 22, 49-63.⁷ Matrensson et al. (2002). Views of nature and self-discipline: Evidence from inner-city children. *J Environ Psy*, 52, 49-63.⁸ Mätrensson et al. (2002). Outdoor environmental assessment of attention promoting settings for preschool children. *Health Place*, 15(4), 1149-1157.¹⁰ Wells (2000). At home with nature effects of "greenness" on children's cognitive functioning. *Environ Behav*, 33(1), 575-775.¹⁰ Berto et al. (2014). Green and blue spaces and behavioral development in Barcelona schoolchildren: The BREATHE Project. *Environ Health ADI*: The surprising connection to green play settings. *Environ Behav*, 33(1), 54-77.¹⁰ Monly et al. (2014). Green and blue spaces and behavioral development in Barcelona schoolchildren: The BREATHE Project. *Environ Health Perspect*, 1221351-358.¹⁰ Bili (2009) The child in the g

Green Schoolyards Can Provide Mental Health Benefits

Green schoolyards can enhance mental health and well-being and promote social-emotional skill development.



U RELATIONSHIP SKILLS²****** C Children demonstrated more cooperative

play, civil behavior and positive social • relationships in green schoolyards.^{6,7}



Gardening at school helped students feel proud, responsible & confident.²

SUPPORTING RESEARCH

¹www.nimh.nih.gov/health/statistics/prevalence/any-disorder-among-children.shtml ²Chawla et al. (2014). Green schoolyards as havens from stress and resources for resilience in childhood and adolescence. Health Place, 28, 1-13. ³Kelz et al. (2015). The restorative effects of redesigning the schoolyard: A multi-methodological, quasi-experimental study in rural Austrian middle schools. *Environ Behav*, 47(2), 119-139. ⁴Li & Sullivan (2016). Impact of views to school landscapes on recovery from stress and mental fatigue. *Landscape Urban Plan*, 148, 149-158. ⁵Roe & Aspinall (2011). The restorative outcomes of forest school and conventional school in young people with good and poor behaviour. Urban For Urban Gree, 10(3), 205-212. 6Bell & Dyment (2008). Grounds for health: The intersection of green school grounds and health-promoting schools. Environ Educ Res, 14(1), 77-90. 7Nedovic & Morrissey (2013). Calm, active and focused: Children's responses to an organic outdoor learning environment. Learn Environ Res, 16(2), 281-295.

ADDITIONAL RESEARCH USED FOR THIS INFOGRAPHIC AVAILABLE AT childrenandnature.org/gsybibliographie

C&NN recognizes that not all studies support causal statements.

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Supporting references and research on the benefits of nature can be found at childrenandnature.org/research

Green Schoolyards Encourage Beneficial Play

Natural areas promote child-directed free play that is imaginative, constructive, sensory-rich, and cooperative.



GREEN SCHOOLYARDS CAN SUPPORT DIFFERENT TYPES OF PLAY^{2,4,7,8}

DRAMATIC PLAY

Loose parts-such as sticks, stones, acorns & pinecones-engage the imagination.

EXPLORATORY PLAY

Natural areas provide opportunities for children to explore.



solitary **PLAY**

Areas under bushes or other nooks allow children to engage in alone time and contemplation.

CONSTRUCTIVE PLAY

Building things out of natural materials helps children learn hands-on skills.

LOCOMOTOR PLAY

Natural items such as logs and rocks can be carried. Looping paths allow walking, running and biking.

SUPPORTING RESEARCH

¹Rideout et al. (2010). Generation M2: Media in the lives of 8-18 year olds. Kaiser Family Foundation https://kaiserfamilyfoundation.files.wordpress.com/2013/01/8010.pdf ²Dyment & Bell (2008). Grounds for movement: Green school grounds as sites for promoting physical activity. *Health Educ Res*, 23(6), 952–962. ³Stanley (2011). The place of outdoor play in a school community: A case study of recess values. *Child Youth Environ*, 21(1), 185–211. ⁴Dennis et al. (2014). A post-occupancy study of nature-based outdoor classrooms in early childhood education. *Child Youth Environ*, 24(2), 35–52. ⁵Luchs & Fikus (2013). A comparative study of active play on differently designed playgrounds. *J Adven Educ & Outd Learn*, 13(3), 206–222. ⁶Acar & Torquati (2015). The power of nature: Developing pro-social behavior towards nature and peers through nature-based activities. *Voung Children*, 70(5), 62-71. ⁷Chawla (2015). Benefits of nature: Onlider. *J Plan Lit*, 30(4), 433–452. ⁸Cloward Drown & Christenson (2014). Dramatic play affordances of natural and manufactured outdoor settings for preschool-aged children. *Child Youth Environ*, 24(2), 53–77.

Green Schoolyards Can Increase Physical Activity

Green schoolyards can promote physical activity by offering a variety of active play options that engage children of varying fitness levels, ages, and genders.



MEETING DIVERSE & CHANGING NEEDS

GREEN SCHOOLYARDS COMPLEMENT CONVENTONAL PLAYGROUNDS WITH OPPORTUNITIES FOR

LIGHT & MODERATE PHYSICAL ACTIVITY

that are more appealing to some children.^{3,4}

Physical activity decreases as children grow, especially for girls. Green schoolyards sustain activity as children age and preferences change.^{5,6,7}

SUPPORTING RESEARCH

¹www.cdc.gov/physicalactivity/data/facts.htm ²Dyment & Bell (2008). Grounds for movement: Green school grounds as sites for promoting physical activity. *Health Educ Res*, 23(6), 952–962. ³Barton et al. (2015). The effect of playground- and nature-based playtime interventions on physical activity and self-esteem in UK school children. *In J Emiron Health Res*, 25(2), 196-206. ⁴Dyment et al. (2009). The relationship between school ground design and intensity of physical activity. *Child Geogr*, 7(3), 261-276. ⁵Brink et al. (2010). Influence of schoolyard renovations on children's physical activity: The Learning Landscapes Program. *Am J Public Health*, 100(9), 1672-1678. ⁶Mårtensson et al. (2014). The role of greenery for physical activity play at school grounds. *Urban For Urban Gree*, 13(1), 103–113. ⁷Pagels et al. (2014). A repeated measurement study investigating the impact of school outdoor environment upon physical activity across ages and seasons in Swedish second, fifth and eighth graders. *BMC Public Health*, 14(1), 803.

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children

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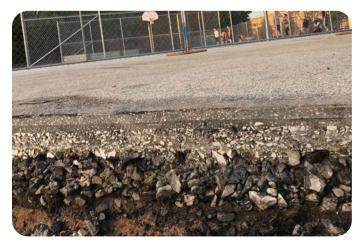


Maintenance and Stewardship

Green infrastructure features require varying levels of maintenance and offer opportunities to engage youth in active environmental stewardship, raise awareness of environmental impacts, and make meaningful curricular connections. Some maintenance activities such as weeding, debris pickup, inspection of plant health, crop harvesting, watering, etc. can further engage faculty, students, parents, and the surrounding neighborhood in school activities and outdoor learning, while also sharing the responsibility of maintaining the new green space. It should be noted that generally, the school's Green Team will be responsible for additional maintenance needs. To promote the longevity and active use of the redeveloped schoolyard, recommendations were made to provide features that match the maintenance capacity and planned curricular connections of the school and community. The following section provides a summary of seasonal and monthly maintenance needs for the school's new green features. Comprehensive maintenance plans will need to be developed in the project's detailed design phase to fully support the new elements.

Well-maintained green infrastructure and play spaces can help reduce the potential need for costly repairs.





Asphalt Removal

Ongoing/Monthly Considerations:

Depending on the groundcover replacement such as grass, woodchips, permeable pavement, etc., the replacement may require additional maintenance such as grass cutting, woodchip replacement, vacuuming, etc.

Seasonal/Annual Considerations:

Some asphalt areas at schools are used in winter as snow management locations. Confirming the seasonal use of the asphalt areas can help with determining the feasibility of asphalt removal and/or ways to adjust snow management.



Porous Groundcover

Ongoing/Monthly Considerations:

Debris and sediment washing into pavement pores can lead to clogging — monthly inspection is recommended to remove leaves, woodchips, and other debris. Also monitor for turf sections that need to be pinned down or replaced due to damage/heavy use.

Seasonal/Annual Considerations:

Reapplication or raking of the rubber pellets may be needed to keep the synthetic turf weighed down. Replacing sections of turf or re-securing to the perimeter edging by trained technicians.



Tree Plantings

Ongoing/Monthly Considerations:

Newly planted trees will require protection from children wanting to play around them for the first few years. Strategies such as temporary or permanent fencing, signage, or planting boxes can help allow the trees space and time to grow.

Seasonal/Annual Considerations:

Berries, leaves, sticks, and branches often fall from trees during spring or fall. The litter may not need to be actively managed. However, large amounts may need to be composted or discarded.



Native Plantings

Ongoing/Monthly Considerations:

Similar to raised bed gardens, native plantings will require ongoing weeding (weekly) as they mature. Determining who will be responsible (ideally multiple people/groups/classrooms) beyond planting is important, especially over summer months.

Seasonal/Annual Considerations:

Native plants are more resilient and require less ongoing maintenance as they mature. One to three years of weeding is required initially, but long-term expected maintenance is minimal.



Fundraising Targets

An important component of the conceptual planning effort was to develop plans that are feasible. Estimates of funding requirements were discussed throughout the planning effort in order to keep the designs within reasonable cost ranges. The following table of estimated costs are presented in terms of "fundraising targets" to better represent the approximate budgetary nature of the numbers.

It should be noted that the following funding targets represent conceptual, high-level estimates with many assumptions, not consultant or contractor bids based on detailed design work, which would be more accurate. The following estimates are expected to vary from actual incurred expenses. However, significant consideration and review of the fundraising targets were provided from engineers, contractors, and school administrators with experience in schoolyard redevelopment projects.

Although the following fundraising targets are intended to incorporate reasonable cost expectations for schoolyard redevelopment, changes to the design, contracting requirements, or amount of in-kind contributions can significantly impact the following numbers either upward or downward.



It's ideal to raise enough funds to be able to complete the schoolyard redevelopment in one pass; however, in some cases, projects can take several years to be completed due to funding constraints.

Invitation for Support

We invite your enthusiastic review of this conceptual plan document and welcome any questions you may have on the schoolyard redevelopment. Please visit Reflo's website for status updates and how to donate to the schoolyard redevelopment project:



www.RefloH2o.com

Conceptual Redevelopment Plan Fundraising Targets

	Арх	Apx. Fundraising Targets		Apx. In-kind Contribution	
Stormwater Green Infrastructure	4				
Asphalt removal, sawcutting, mobilization, etc.	\$	350,000			
Soil, grass, and other porous resurfacing	\$	150,000			
Trees (and protective fencing)	\$	60,000			
Bioswales (native plantings and protective fencing)	\$	375,000			
Porous Pavement - Syn. Turf Soccer Field	\$	150,000			
Underground cistern	\$	100,000			
Engineering, surveying, and construction admin.	\$	60,000			
Facilities project management	\$	10,000	\$	28,000	
Continued Reflo project development support	\$	25,000	\$	25,000	
Project signage	\$	10,000	\$	7,500	
Demonstrations, workshops, tours			\$	5,000	
Water-focused curricular activities	\$	10,000	\$	10,000	
Vegetation establishment	\$	15,000	\$	5,000	
Stormwater Green Infrastructure Subtotal	<u>\$</u>	<u>1,315,000</u>	<u>\$</u>	<u>80,500</u>	
School Gardens & Healthy Food Access					
Raised bed gardens	\$	5,000	\$	5,000	
School Gardens & Healthy Food Access Subtotal	<u>\$</u>	<u>5,000</u>	<u>\$</u>	<u>5,000</u>	
Recreational Improvements					
Asphalt crackfilling and striping	\$	45,000			
Tot lot improvements	\$	10,000			
Nature play area (embedded logs and stumps)	\$	50,000			
Loose parts play area	\$	10,000			
Recreational Improvements Subtotal	<u>\$</u>	<u>115,000</u>	<u>\$</u>		
Educational Elements					
Arts programming	\$	25,000	\$	5,000	
Musical instruments and sensory boards	\$	25,000			
Communications board	\$	5,000			
Outdoor classroom					
Surfacing	\$	25,000			
Seating	\$	35,000			
Amenities	\$	7,500			
Educational Elements Subtotal	<u>\$</u>	<u>122,500</u>	<u>\$</u>	<u>5,000</u>	
Other Site Improvements					
Bike parking equipment	\$	2,500			
Storage shed	\$	40,000			
Pathways and fencing	\$	55,000			
Schoolyard benches and other amenities	\$	55,000			
Other Site Improvements Subtotal	<u>\$</u>	<u>152,500</u>	<u>\$</u>		
Total Estimated Fundraising Target:	<u>\$</u>	1,710,000	<u>\$</u>	<u>90,500</u>	

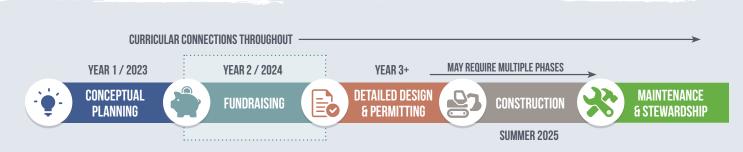


Project Timeline and Next Steps

Although there has already been a significant amount of time and energy invested in the schoolyard redevelopment project by Walt Whitman School and its partners, the compilation of this conceptual plan document realistically represents step one of a multiyear, major construction-focused redevelopment project.

The next phase of project development is fundraising, which is intended to conclude by the end of 2024. The scope of the construction is based on the funds obtained through budget allocations, grants, donations, and school fundraisers. Engineering, surveying, and architecture firms are typically hired in fall to support the detailed design and permitting process. To minimize disruption to regularly scheduled school functions, it is preferred to conduct construction over a relatively short time frame in summer months.

Big changes like this project require a great deal of time, resources, and, most of all, commitment. Accomplishing this conceptual redevelopment plan is a major milestone itself. This plan shows the school's desire and ability to focus its efforts on meaningful outdoor education and healthy learning spaces for their students and community.



For information on how to support Walt Whitman School's schoolyard redevelopment: Please go to Reflo's website: www.RefloH2o.com or send an email to: lisa.neeb@RefloH2o.com

Supporting Organizations

Clearly making a deep imp



2023 Reflo, Inc.

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- SITE BOUNDARY



SReflo

EXISTING OUTDOOR CLASSROOM

Whitman received an outdoor classroom pavilion in the fall of 2022. This existing structure provides an island of shade and rest area for students and surrounding community who utilize the schoolyard. However, there is opportunity to optimize its use with additional seating and design elements that support outdoor education.

EXISTING SITE PLAN

EXISTING GREENSPACE

The MPS Recreation Department maintains a large, open green space adjacent to Walt Whitman's schoolyard used for a variety of sports. Whitman would like to increase regular use of these amenities to offer additional recreation opportunities for students. Walt Whitman School 4200 S 54th Street, Milwaukee, WI 53220 Distinct Burgetho. CDS. and Walt Whitman's Green Team

re No:

1







OUTDOOR CLASSROOMS

N/S

To help facilitate ecoliteracy and all of the sensory exploration that comes with outdoor learning, Walt Whitman would like to enhance their current outdoor learning spaces and build an additional outdoor learning area, completed with seating options.

PROPOSED SITE PLAN

ADDITIONAL GREEN SPACE AND RECREATIONAL IMPROVEMENTS

Reducing the amount of asphalt on the school grounds is a central component of the redevelopment plan. Along with new green space, earthen mounds, and tree plantings, Walt Whitman would like to add a synthetic turf soccer field, colorful pavement markings, and gaga ball pits to support physical activity, team building, and cooperative play.



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TOTAL POTENTIAL GREEN INFRASTRUCTURE CAPTURE CAPACITY = 427,800 GALLONS

DEPAVING

Total asphalt removal is anticipated to be approximately 63,000 sq. ft. and replaced with more porous ground cover including synthetic grass, native plantings, bioswales, walking paths, and porous pavement. *Managing approx.* **12,600 gallons**

S 54TH STREET

NOTES

160

APPROXIMATE SCALE IN FEET

W PLAINFIELD AVE

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STORMWATER TREES 60 stormwater trees are intended to be planted. **Managing approx. 1,500 gallons**

BIOSWALES

Bioswales will be added to the school grounds to promote biodiversity and further manage stormwater. Managing approx. 348,100 gallons

UNDERGROUND CISTERN

A 50,000–gallon cistern will store stormwater and further manage water where it falls. *Managing approx. 50,000 gallons*

POROUS PAVEMENT

Approximately 5,200 sq. ft. of porous pavement will be installed to create outdoor classroom groundcover and a synthetic turf soccer field. *Managing approx. 15,600 gallons*

The planned green infrastructure is intended to manage at least a 25-year, 24-hour storm event (4.53 inches of rainfall) as described in the National Oceanic and Atmospheric Administration (NOAA) Atlas 14 point precipitation frequency estimates for Milwaukee. Green infrastructure estimates calculated using MMSD's Capacity Table and engineer's estimates for conceptual bioswale capacity; up to a 100-year, 24-hour storm event. Conceptual planning depictions and estimates, including stormwater management capacity, will need to be confirmed during the detailed design and construction as-built processes.

BIOSWALE



N



MURALS AND PAVEMENT MARKINGS

Walt Whitman would like to further activate the schoolyard through the visual arts. There are opportunities to add murals and colorful pavement markings to support sensory and curricular connections. Adding professionally developed murals with themes that reflect the schoolyard redevelopment can help to make the space feel more welcoming and connected while also providing an opportunity for local artists..

54TH STREET

S

MUSICAL PLAY ELEMENTS

To enhance the learning experience and create a full sensory experience, Walt Whitman would like to add secured musical instruments to provide students the opportunity to hone their creativity by freely creating music on the schoolyard.

160

APPROXIMATE SCALE IN FEET

40

OUTDOOR CLASSROOMS

> The outdoor learning areas will serve as an important focal point in the schoolyard. These space can support classroom learning objectives, relaxation and mindfulness activities, and serve as an intimate space for smaller scale performing arts and community-based activities.

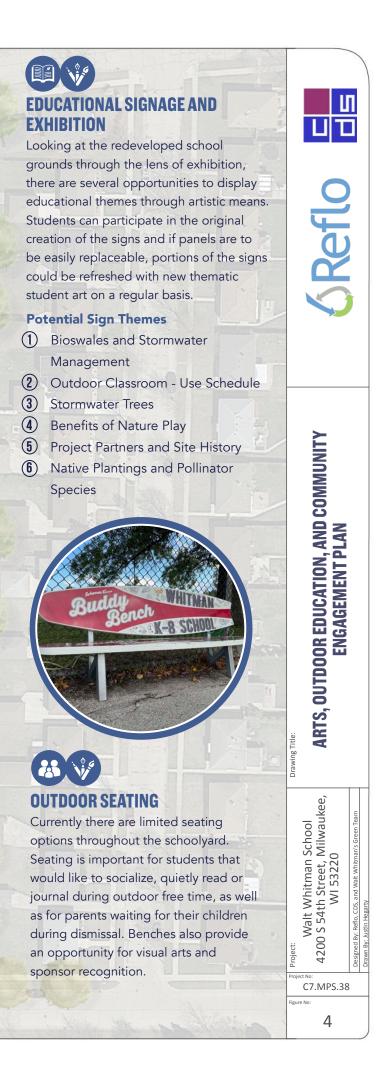
W PLAINFIELD AVENUE

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SIGNATED REPRESENTATIVE FOR THE SPECIFIC PROJECT WRITTEN CONSENT OF REFLO. ANY TRANSFER, REUSE,

N.S

W LEROY AVENUE



For more information on how to support the

Walt Whitman School

schoolyard redevelopment project please contact:

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For additional information please visit

www.RefloH2o.com